

Castle Manor is a 'listening school.'

Here are some of the interventions and opportunities we offer to support your child's wider personal development.

- Weekly focus on our **PROUD** values
- **Tutors and Achievement Leaders** (ALs) have daily contact with your child. They are the first point of contact. A vital part of their role is to equip young people with the essential skills and knowledge necessary to deal with the challenges of daily life. These Life Skills are delivered through the Tutor Programme, which includes a focus on Citizenship and British Values.
- **Assembly Programme**
- **Theme of the Week** i.e. Remembrance
- **CMA Learning Journey** - see over
- **CEIAG:** Careers Education, Information, Advice & Guidance. (Mr. Course)
- **RHRE:** Religion, Health & Relationships Education
- **Student Leadership:** Student Parliament (Miss Neal)
- **Prince's Trust:** a skills based programme (Mrs Jacobs)
- **Duke of Edinburgh Award Scheme** (Y9+): a voluntary, non-competitive programme of activities. For more information contact Mrs Baldwin.
- **School Productions:** plays, Dance Show
- **Learning Mentors:** Mrs Stubbings, Mrs Moralee and Mrs Eady, can help with a range of issues such as: exam stress, behavioural difficulties, bullying, friendship issues and uniform.
- **Attendance:** CMA is committed to ensuring students attend school every day. Mrs Dobell and Mrs Freds, are available in the main office to support with any difficulties surrounding school attendance.
- **Home Learning:** homework club is available in the library after school. Mrs Jacobs can offer additional support with homework in B29 for students with additional needs.
- **SEND:** Mrs Beaton, our SENDCO, and her learning support team, provide planned support and intervention for students with Special Educational Needs and disabilities i.e. ELSA, My Big Life

- **Offer of Early Help:** is about identifying potential problems as they emerge to prevent them from escalating. Included in our offer are the following services...
- **The School Nursing Service:** offers a drop-in service. Students can either book confidential appointments with Mrs Crissall, or can be referred.
- **Mental Health First Aid:** Mrs Crissall and Mrs Freds - both Mental Health First Aiders - can offer support on a 1:1 basis for any students struggling with emotional wellbeing and mental health. Mrs Freds is also trained to support students 1:1 who are struggling with low mood.
- **Emotional Literacy Support:** Mrs Crissall and Mrs Jacobs, are qualified Emotional Literacy Support Assistants. Both offer support with identifying and coping with difficult emotions.
- **Anxiety Support:** Miss Neal can offer small group interventions around managing anxiety and teenage life.
- **Trauma-informed Practitioner Intervention:** Miss Neal is also trained to work with students who have experienced difficulties in their lives, and to help them learn to make sense of these challenges and stresses. She works with students 1:1. Please speak with Mrs Horne for more information.
- **Mental Health Support Team:** The school can make referrals to the Mental Health Support Team, who work with students for limited periods in school on common mental health difficulties such as low mood, anxiety and so on. Contact Mrs Horne for advice.
- **Safeguarding:** Mrs Horne is our Designated Safeguarding Lead. Mrs Crissall, is Deputy Safeguarding Lead. Together with the wider safeguarding team and **all** staff, Mrs Horne ensures that children are referred to the appropriate agencies as necessary.
- **Support from Outside Agencies:** the school can make referrals to outside agencies as appropriate. Key agencies we work with are:
 - Education Welfare Officer (attendance)
 - School Nursing Service
 - Child and Adolescent Mental Health services (CAMHS)
 - Nicky's Way (bereavement)
 - Turning Point (drugs and alcohol difficulties)
 - Suffolk Family Carers
 - Diversion programme (youth justice)
 - Online Support